

SACRAMENT MEETING GUIDE

GENERAL GUIDELINES

- Go to great lengths to be very protective.
- If you have any symptoms of COVID-19 (fever, cough, shortness of breath, sore throat, muscle aches, decreased sense of taste or smell), stay home.
- Less than 100 people per meeting.
- Sacrament meetings will be 30 minutes.
- Higher risk ward members are discouraged from attending for now.
- Everyone is scheduled to be able to attend sacrament meeting at least monthly.
- Do not shake hands.
- Sacrament meeting will begin for the Geneva Heights 12th Ward at 1pm.

"You don't need to attend one of these sacrament meetings to be a faithful member of the church."

SACRAMENT MEETING RECOMMENDATIONS

- Bishoprics will set the schedule for who attends on which Sundays so as not to exceed 99 people in the meeting (see schedule in accompanying email and ward website).
- 99 attendees is not the goal, but the upper limit.
- Members of the Elders Quorum will sanitize areas before the next ward meets.
- Bishoprics and speakers should be socially distanced on the stand.
- Masks should be worn by bishoprics and those administering and passing the sacrament.
- Speakers may remove their mask while speaking but should be put in their pocket and not on the podium while speaking.

SANITATION REQUIREMENTS

General Guidelines

- Family members sit together but at least 6 feet away from other congregants. Typically this would mean at least one row between family groups and staggered with side rows.
- Sanitize everything between meetings.
- Wipe down door handles, podium, sacrament trays, and touch points.
- Avoid congregating in foyers and hallways.
- The drinking fountains will not be available. Only one restroom will be available to congregants.

Music

- No hymns will be sung during this phase of meetings. Organ prelude and other instrumental solos will be used in lieu of congregational hymns. Hymnals will not be available.

Preparing the Sacrament

- Sacrament trays are sanitized before being used.
- Priesthood holders wear masks and wash hands before handling trays, cups and bread.

Blessing the Sacrament

- Priests wash hands before sacrament meeting and visibly use hand sanitizer before preparing and blessing the sacrament.

- Those blessing and passing the sacrament use masks (though not a state requirement, it is a practice that will be required by our ward).
- Bread will be spaced out on the trays such that pieces do not touch one another. Water cups will be spaced apart on the trays.

Passing the Sacrament

- The priesthood holder passes the sacrament to each individual. The trays are not passed from person to person down a row. This will be enabled as congregants are seated with a row between them.
- Water cups are disposed of into a different tray (a water tray without the divider top).
- Parents assist children in partaking of the sacrament to ensure only the bread or cup used is touched.

Prayers and Speakers

- Prayers will be given from within the congregation through the use of a handheld microphone which will be disinfected by an attendant after each use.
- Generally one speaker per meeting, or a 2-3 individuals who have been previously invited to share their testimonies with the congregation. Testimonies may be delivered with the use of a hand-held microphone. Those asked to share testimonies will be encouraged to sit towards the front of the congregation.